



RESOURCE ROUNDUP

COMMUNITY RESOURCES & EVENTS

1/23/25

Find this information online at www.cssbh.org/resource-roundup

ONGOING / SELECTED DATES

- **FREE FITNESS PASS** - For the entire month of January, all City of Akron fitness classes (except Let's Glow Cardio Drumming) will be free to attend. Registration is required at <https://akron.recdesk.com/Community/Membership?type=19>.
- **FLEA MARKET** – All items are \$10 and less or free, 12-5 p.m. **Jan. 25 and Jan. 26** at United Church of Christ-Emmanuel UCC, 1480 Eastwood Ave., Akron.
- **MINDFULNESS MEDITATION CLASS** – For anyone in recovery and families impacted by addiction. **Third Saturday** of each month at 10 a.m. at Tyler's Redemption Place, 2684 Sanitarium Road, Akron. Learn techniques to calm the mind, create inner peace and enhance overall well-being.
- **CASE MANAGER AT THE LIBRARY** – Summit County Job and Family Services will provide assistance from 12-4 p.m. on the **first Tuesday** of the month at Highland Square Branch Library, 807 W. Market St., Akron.
- **FEEDING HOPE FOOD PANTRY** – Hours are 6:30-7:30 p.m. **Mondays** and 9 a.m.-noon **Tuesdays** at the First Congregational Church of Akron, 292 E. Market St. People experiencing food insecurity can receive food for 12 meals, per family member, once per calendar month. The pantry allows recipients to pick the food they need for the meals. Personal care items also available. For more, visit <https://akronfcc.org> or call 330-253-5109.

JANUARY

- **REENTRY CLINIC** – University of Akron School of Law free clinic, 9 a.m.-noon **Jan. 25** at University of Akron School of Law, 150 University Ave., Akron. The clinic may end before noon if it has reached capacity. Talk to a volunteer about expungement, CQE, or driver's license help. Volunteers will be available to run background checks. Call the clinic any time, including for assistance with a criminal record and/or driver's license. Call the clinic at: 330-972-7751 and leave a message.
- **MENTAL HEALTH DISCUSSION** – “Mental Health Across Generations: Tackling Stigma, Access and Support for Youth to Seniors,” 1-2:30 p.m. **Jan. 25** at 644 E. Tallmadge Ave., Akron. Free food and drinks. Hosted by the Himalayan Arts Language & Cultural Academy. Call 309-203-9417 or email myhmacademy@gmail.com.
- **FOOD DISTRIBUTION** – The Sanctuary will host a food distribution **Jan. 26** at 847 Lakewood Blvd., Akron. Food is distributed after the 11 a.m. service. Food pantry registration is from 9 a.m.-noon. Food distribution is at noon (those who

are late will not be served). To receive everything on our menu, you must have a cart or something on wheels. You may bring bags and boxes, but you will be limited to what you can carry. Attendance at the service is not required.

- **PET FOOD PANTRY** – First-come, first-served distribution for Summit County residents from 4:30-6:30 p.m. **Jan. 28** at Summit County Animal Control, 250 Opportunity Pkwy., Akron. Take Pier Drive to W. Bartges Street to line up for the drive-through event. Line up no sooner than 4:30 p.m. All supplies are donated.
- **BLUES CONCERT** – Free concert hosted by First Congregational Church of Akron, 7 p.m. **Jan. 29**, 292 E. Market St., Akron.

FEBRUARY

- **RECOVERY COMMUNITY DINNER** – From 5-7 p.m. **Feb. 7** at Summit Recovery Hub, 572 W. Market St., Unit 2, Akron. The dinners are served on the first Friday of every month.
- **SENIORS AND WOMEN'S VALENTINE'S BRUNCH** – Free event. Doors open at noon; the event goes until 2 p.m. **Feb. 8** at Opendoor AG Church, 745 Upson St., Akron. To register, call 330-794-5230.
- **FREE MUSIC FESTIVAL** – Akron Art Museum will host Midwinter Tunes with free live music performances, food, vendors and admission to the galleries from 6-10 p.m. **Feb. 8** at the museum, 1 S. High St., Akron. Get free tickets at <https://tinyurl.com/2kkh3h4x>.
- **FREE LEGAL CLINIC** – The clinic will provide guidance on separation, divorce, custody and parenting time, 11 a.m.-3 p.m. **Feb. 28** at Akron Bar Association, 57 S. Broadway St., Akron. Register at <https://bit.ly/OJB-Registration> or contact Paul Henry at PHenry@drcourt.org or 330-643-7845.